Guidelines for participation in classroom discussions, labs, etc:

- **Be respectful**: Make space/take space. Be conscious of how much space you take up or leave on the table during a discussion. Make space for others, but also know that there is equal space for you.
- **Be generous**: Sometimes, it takes a few minutes to formulate a thought. If someone starts speaking while a thought is still half-baked, be patient—especially if they make a mistake early on. Be open to competing approaches to a problem. Encourage participation from everyone, especially those whose approaches differ from your own.
- **Be courteous**: Even if you disagree with a speaker, listen intently, and try not to interrupt. Others might have opinions or beliefs different from your own. Challenge or criticize an idea, not a person.
- **Be trusting**: If someone says something that makes you uncomfortable, give them the benefit of the doubt that that was not their intent. Then name their impact (preferably 1-on-1, rather than calling them out publicly), so that they can learn from what transpired.